

**Rev Ahara Vatter has been a member of the Sustainable Love Team since 2006. She has been a part of the co-development of the Soul Alchemy® Process & Training Program.**

Ahara is known as a Spiritual Mid-Wife.

Ahara assists clients to find their own inner resources of self-access, their own knowing, and guides them into their own skills and self-responsibility. She helps a person free their body consciousness, holding patterns and nervous system reactions and to alchemize new soul awareness in the tissues of their body. Supporting and teaching interactive, holistic dialogue with the fullness of being, Ahara invites a person into rich personal curiosity, self-healing, body/soul dialogue, integrative settling, alchemic growth and self-love.

Whether Ahara is working individually or in the team structure, her field allows safety and compassionate discovery with the client in all layers of consciousness: energetically, physically, emotionally, dimensionally, and in the body, to birth together the systemic and delicate unfolding of the layers of any trauma and/or soul learning into new awareness.

Each member of the Sustainable Love Team is committed to learn, grow and support each other in our own life journeys as well as being present for the growth and awareness of our clients. Our unique Soul Alchemy® tools and understandings have come from years of our own self-discovery and supporting each as well as our work with our clients who have committed to ending the cycles of trauma and who want to create something new in their lives.

Soul Alchemy® birthed from the understandings and combined knowledge of Robin Duda, Joseph Duda, Ahara Vatter and Lyndia Asbury along with each and every client who showed up.

Ahara had a spiritual epiphany in 1968 when she began walking in direct conscious experience of her own soul/spirit and gained over years dimensional understandings of herself and the universe. In 1997 she was in a catastrophic automobile accident that brought her attention into the dynamic dialogue of Body and Soul.

To support a client, Ahara resources her inner intelligence and dimensional awareness combined with her deep skills as a *Body Worker, Aquatic Therapist & Trainer, Ayurvedic Post Partum Doula & Trainer* and a *Minister of Soulful Living*.

*'I support, nurture and empower the connection: Human to Human, Body & Soul, as well as dialogue of Soul, Inner Child, Male/Female and All Aspects of Self for Self Awareness, Growth and Loving.'* --Reverend Ahara Vatter

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